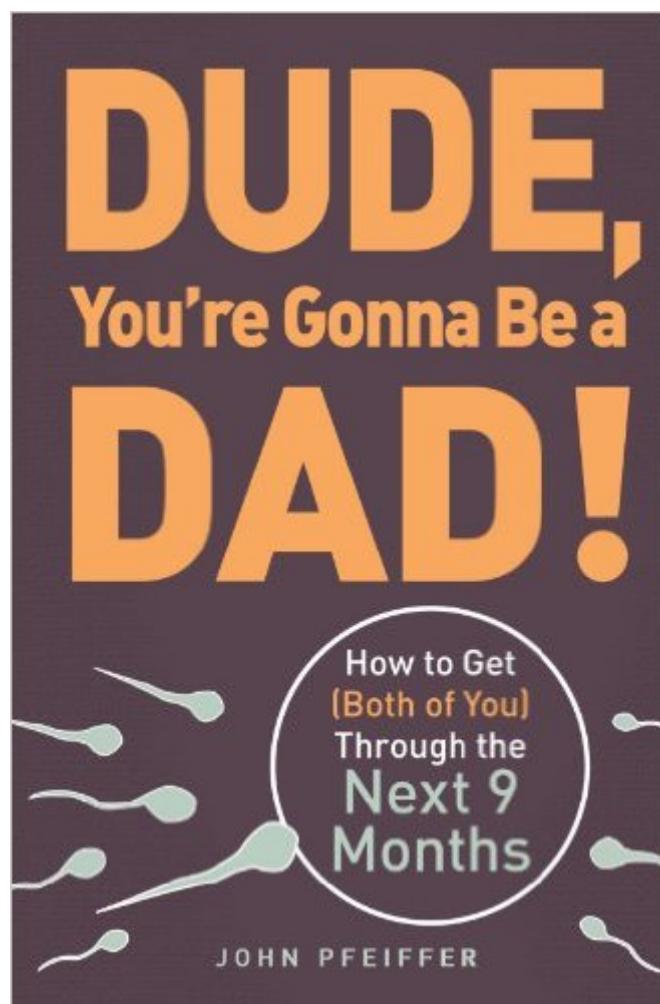


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# Dude, You're Gonna Be A Dad!: How To Get (Both Of You) Through The Next 9 Months



## **Synopsis**

There are approximately 3,712 ways for a guy to look stupid during pregnancy - this book's here to help you avoid all(most) of them. And here's your first hint: Focus on what you can be doing for her rather than what's happening to her. She's pregnant. She knows that. You know that. And her 152 baby books tell her exactly what she can expect. Your job is to learn what you can do between the stick turning blue and the drive to the delivery room to make the next nine months go as smoothly as possible. That's where John Pfeiffer steps in. Like any good coach, he's been through it. He's dealt with the morning sickness and doctor visits, painting the baby's nursery and packing the overnight bag, choosing a name, hospital, and the color of the car-seat cover. All the while he remained positive and responsive - there with a "You're beautiful" when necessary - but assertive during the decision-making process (he didn't want to wind up with a kid named Percy). And now it's your turn. She might be having the baby, but you have plenty of responsibilities.

## **Book Information**

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## **Customer Reviews**

This book is awful. Seriously, save yourself the money. Instead, find a drunken frat buddy -- ideally one who is a failed comic. If they're childless, the advice will be on-par with this book. If they have a kid, then you actually might come out ahead. Either way, at least you'll be drunk. This book makes every stupid cliche joke you can think of. Worst of all, it imparts little-to-no useful information. Unsatisfied, I looked around for another book, and found "The Expectant Father: Facts, Tips, and Advice for Dads-to-Be." I'm about 1/3 of the way in, but I've already learned more than I did from the entirety of the "Dude!" book. Seriously, I read the entire thing. Learn from my pain. Do not

buy this book.

(Review from wife) This book had me laughing out loud at many points but after finishing the book I felt my husband would have a very cursory knowledge of what I was going through and what I would expect of him at the birth. Summary: Wife will be "DEFCON 1 CRAZY", sex will not happen for over a year, you will never sleep, wife will spend all your money on "a whole new wardrobe". Basically, everything is not going to be fun but the reward is great. A couple of times the author refuses to describe what an episiotomy \*actually\* is. Pg 93 "When you learn what that one is, you'll start to believe Eve did screw up and God did punish accordingly." and in the section Is It Sexy Time Yet? he says "Did she have to suffer through an episiotomy? (If you don't know what it is, dude. Pay more attention.)" However he NEVER tells the husband what it is! It's a very common procedure and requires special care, why wouldn't you just describe the procedure and how to care for your wife? I wanted this book to better educate my husband. The book can be a liiiittle annoying at times, though I wasn't personally offended because my husband knows I won't blow \$2000 on preggo clothes: Pg 38 "Now the bad news, she's going to need a whole new wardrobe," and it will cost "a mortgage payment." He does go on to mention you can try to borrow or buy used clothes, though. His good advice moderately touches on: birth plans, doulas, c-sections, packing hospital bags. These all have a whole one or two pages of very basic information. The whole book reads like a pamphlet in the doctor's office. Overall, if your husband/partner has agreed to read ONE pregnancy book, pass on this book and get The Expectant Father or Be Prepared: A Practical Handbook for New Dads. I foresee science-minded or engineer types hating Dude, You're Gonna Be A Dad. If you are having trouble getting him to read ANY thing, then try this book. It's funny enough to capture his interest in the beginning and possibly keep it long enough for the six hours it takes to read this book.

A female friend gave this to me as a gift. Her husband had read it and they thought I might like or appreciate the book. If you want to offend a male friend, do like they did. I'm a "dude" who grew up with two older sisters who practically raised me. Father was a social worker who cleaned the house and cooked better than my mother. (To give just two examples.) Did my friend actually think I'd appreciate a book written from (to borrow another reviewer's comment) a frat boy perspective? No, I did not read the entire book. I'd have no hair left if I had because it would be all pulled out. Every single page I turned to was full of idiotic nonsensical attempts at bad humor combined with a tiny scrap of somewhat useful info. For example, on one page the author comments that guys are

clueless about how to hold a baby because we, the testosterone bloated beasts that we are, don't know how to be gentle with our hands unless we're touching breasts. Give me a random page number and I could give one or more example of this kind of crap. Do not get this book for a man unless he's clueless. If he doesn't know the difference between a tampon and a pad maybe he might get something from this so-called "educational" book. Otherwise, give him something written by an actual expert on pregnancy and how men experience this life changing event. This doofus who wrote it - he doesn't have a degree, he's not a counselor. He's just some guy who's had some kids and someone told him he was funny and he seems to believe it. Worse, he seems to think he speaks for all other men. He doesn't. He's an idiot writing for other idiots. Unless you're one of those guys, stay away.

The language and approach taken in this book assume that men are idiots and then proceeds to speak to them like they are bros at a frat party. Yes, I suppose the title should give that away, but this was even worse than expected.

Easily one of the most condescending books you will ever have the misfortune of reading. Save yourself the cash and skip this. I was recommended this book by another expectant father on a forum and I couldn't regret following that advice more. This book coaches everything as if you're a neanderthal with a frat-boy mentality and your wife is a shrieking frilly fru fru harpy. Every bad stereotype is used to full force in this book to deliver not very much information. I was hoping to find a book that talked about the pregnancy process and how I could be a better father and partner and instead I got a book that basically says "Put your beer down and stop watching football long enough to help your crazy wife paint your man-cave baby colors". Idiotic on every level. I was insulted by numerous chapters that talked to me in 8th grade level language about how clueless and stupid I must be and how my wife must be going gaga over the choice of baby car seats. I'm going to be a stay at home father. My wife is a career woman who couldn't care less about what color a onesie that the child will outgrow in a month anyway is. This book is trash in the worst way.

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